

Today:

KMack®  
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PRIORITIES

SCHEDULE

A

6am \_\_\_\_\_  
7am \_\_\_\_\_  
8am \_\_\_\_\_  
9am \_\_\_\_\_  
10am \_\_\_\_\_  
11am \_\_\_\_\_  
12pm \_\_\_\_\_

B

1pm \_\_\_\_\_  
2pm \_\_\_\_\_  
3pm \_\_\_\_\_  
4pm \_\_\_\_\_  
5pm \_\_\_\_\_  
6pm \_\_\_\_\_  
7pm \_\_\_\_\_  
8pm \_\_\_\_\_  
9pm \_\_\_\_\_

C

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Manage Your Particles®

MASTER Your Day™